



**Trinity College Dublin**

Coláiste na Tríonóide, Baile Átha Cliath

The University of Dublin

**Spirituality Research and Innovation Group (SRIG)**

**School of Nursing and Midwifery**

**Trinity College Dublin**

**5th Annual Spirituality in Healthcare Conference**

**Spirituality Transforming Our World**



**19 and 20 June 2019**

09.00	<b>Registration opens</b>
09.30-11.00	<p><b>Recommendations for chaplaincy research: avenues of research, designs, and measures</b>  <b>Dr Kevin J. Flannelly: Research Director of the Center for Psychosocial Research in New York</b>  The former Editor-in-Chief (2008 through 2017) of the Journal of Health Care Chaplaincy recommends his "Top Ten" avenues of research to pursue on healthcare chaplaincy. These include research on: (1) testing CPE students' progress in meeting standards of practice; (2) patients' and family members' expectations of and knowledge about chaplaincy, and satisfaction with chaplaincy care; (3) administrators' and staff perceptions of chaplaincy; (4) the importance of different spiritual needs to patients during their hospital stay and whether they were met; (5) continued development and validation of spiritual assessment instruments for clinical chaplaincy practice; (6) screening new in-patients and out-patients at risk for spiritual distress on risk-based referrals to chaplains; (7) referrals to chaplains (why and by whom) and what interventions they use based on the reasons for a referral; (8) testing the effectiveness of repeated chaplain visits with long-term patient populations; (9) development and testing of the effectiveness of specific interventions for short-term spiritual needs and the risk of spiritual distress; and (10) testing the effectiveness of specific interventions for hospital anxiety. The types of research methods best suited for each avenue of research will be discussed (e.g., survey, quasi-experimental, and experimental designs), as well as appropriate measurement instruments.</p>
11.00-11.15	<b>Refreshment break</b>
11.15-12.45	<p><b>Hear My Voice: Creating a Spiritual Legacy - Methods, Outcomes, and Possibilities</b>  <b>Katherine M. Piderman, Ph.D.: Chaplain, BCC, NACC Coordinator of Spiritual Research Associate Professor of</b>  The Hear My Voice pilot study provided an innovative opportunity for individuals with an advanced disease to prepare a personal spiritual legacy based on their beliefs, values, and life-learned wisdom in the context of a spiritual care relationship with a chaplain. This Mayo Clinic study was approved by the Institutional Review Board (IRB), led by a multidisciplinary research team, and funded by small institutional grants and Mayo Clinic benefactors. Our methodology included the following: 1) consent according to the requirements of the IRB, 2) reliable and validated questionnaires to assess changes in spiritual well-being, spiritual coping, and quality of life, 3) semi-structured digitally-recorded interview with a board certified chaplain, 4) preparation of a personal Spiritual Legacy Document (SLD) for each person. One hundred and thirty primary participants were enrolled in this study 112 (86%) completed baseline questionnaires and 101 (78%) completed an interview. It is expected that approximately 90 (69%) of participants will complete their SLD and approximately 62 (48%) will complete follow up questionnaires after the receipt of their SLD. Preliminary quantitative analysis suggests that the intervention may be associated with improvements in spiritual well-being and emotional well-being. Qualitative analysis has been applied to the interview transcripts and used to describe participants with brain tumors, the elderly, and those with non-cancerous neurologic illnesses. Further analysis related to spiritual struggle and resiliency is in process. The aims of this workshop are: 1) to describe the methodology used in the Hear My Voice study, including the recruitment of participants, the selection and administration of quantitative questionnaires, the development of the interview guide, the interview process, and the preparation of the SLD, and 2) to describe and discuss possible adaptations of the Hear My Voice methodology for future research and clinical practice. The approach will include a presentation of the research methodology described above and an overview of the final results. Adaptations to accommodate those who were not eligible to participate in the Hear My Voice project will also be described. Participants will then be invited to discuss other creative ways to study and promote spiritual legacy work.</p>
12.45-13.30	<b>Lunch</b>
13.30-15.00	<p><b>Spiritual reflexivity: importance for researchers and healthcare professionals</b>  <b>Dr Richard Egan: Co-Director of the Cancer Society Social and Behavioural Research Unit, part of the Department of Preventive &amp; Social Medicine, Dunedin School of Medicine, University of Otago, New Zealand.</b>  Based on the author's recent publication, Spirituality in Aotearoa, New Zealand: Personal Reflections from a Spirituality in Health Care Researcher, Dr Egan will facilitate a workshop that examines the place of spirituality in our lives as researchers and healthcare professionals. The spirituality of our place, our home, our country will first be considered, asking what are the spiritual strengths and distresses in our place? Further, it will be argued that our personal spirituality reflects and impacts on our professional interest and work, thus asking the question of our personal spiritual history and celebrating, but being explicit about this worldview. Finally, we will consider the question, what are our spiritual research strategies – what do we need to explore, know and show, to articulate the place of spirituality for positive change to transform our world?</p>
15.00-15.15	<b>Refreshment break</b>
15.15-16.45	<p><b>Attunement: self care and care of patients</b>  <b>John Patrick Flood: Program Administrator for Member and Donor Relations at Sunrise Ranch Conference and Retreat Center in Loveland, Coloradoof Spiritual Research Associate Professor of Psychiatry, Mayo Clinic</b>  The objective of this attunement workshop is to let health care professionals engage body, mind and heart in three very specific and refreshingly instructive coaching games linked to tried and true attunement activities. This combination of games and attunement activities will help participants create and experience new visions and possibilities that will lead the way to new levels of self care and well-being for themselves, patients and co-workers. Workshop participants will be invited to be curious, fully present in the moment, active listeners to their own and others wisdom and open to the possibility that true care includes knowing how to have fun and learn something new every day.</p>
17.30	<b>Conference dinner</b>

## 5th International Spirituality in Healthcare Conference 'Spirituality Transforming Our World'

20 June 2019: Overview of activities

08.30	Registration opens; tea and coffee will be served Foyer
09.00-09.05	Welcome Prof Fiona Timmins: School of Nursing and Midwifery, Trinity College Dublin Lecture Theatre 2.57
09.05-09.15	Summer Solstice Eve Meditation Dr Karen Ward: Counselling Psychotherapist and Supervisor (IACP) and Holistic Therapist Lecture Theatre 2.57
09.15-10.00	Keynote presentation Spirituality transforming our world: from policy to practice Dr Richard Egan: University of Otago Lecture Theatre 2.57
10.00-10.30	Refreshment break: Foyer and Seminar Room 1.10
10.30-12.30	Concurrent sessions Individual venues identified on timetable
12.30-13.30	Lunch Service: Foyer and Seminar Room 1.10
13.30-14.15	Keynote presentation A new scientific basis for chaplaincy care: the neuropsychology of beliefs and psychological well-being Dr Kevin J. Flannelly: Research Director of the Center for Psychosocial Research in New York. Lecture Theatre 2.57
14.30-16.00	Concurrent sessions Individual venues identified on timetable
16.15-16.30	Closing address Prof Fiona Timmins: School of Nursing and Midwifery, Trinity College Dublin Lecture Theatre 2.57
16.30-17.30	Book launch, announcement of prizes and wine reception Seminar Room 1.10

	Seminar Room 2.51	Seminar Room 1.24	Seminar Room 1.26
10.30-11.00	<p><b>Enhancing Nurses' and Midwives' Competence in Providing Spiritual Care through Innovative Education and Compassionate Care (EPICC)</b> Wilfred McSherry: Staffordshire University</p>	<p><b>Stability of cancer patients' unmet spiritual needs and spiritual wellbeing in palliative care units</b> Arndt Büsing: Witten/Herdecke University</p>	<p><b>The human being as a unique spirit, living and dying within a series of connected, ever-changing story telling bodies reaching back in time</b> Mike Watts</p>
11.00-11.15	<p><b>EPICC Approach – An Evaluation of Nursing and Midwifery Competences in Providing Spiritual Care through Innovative Education and Compassionate Care</b> Jacqueline Whelan: Trinity College Dublin</p>	<p><b>Spiritual needs of cancer patients from Lithuania: how much the satisfaction with life and happiness matter?</b> Lina Spirgiene: Lithuanian University of Health Sciences</p>	<p><b>Let's talk about a new theory of bereavement</b> Caroline Lloyd: Trinity College Dublin</p>
11.15-11.30	<p><b>Mental health clinicians' perceptions of 'Spiritually Competent Practice' in their work.</b> Melanie Rogers; University of Huddersfield</p>		
11.30-12.00	<p><b>Advancing spirituality and spiritual care competencies in Austrian undergraduate nursing students</b> Piret Paal: Paracelsus Medical Private University</p>	<p><b>The impact of spiritual care for families at end-of-life in intensive care: an integrative review</b> Yvonne Muldowney and Fiona Timmins: Trinity College Dublin</p>	<p><b>A landscape spirituality walk as a wellbeing resource for healthcare staff</b> Liz Murray: Health Service Executive</p>
12.00-12.30	<p><b>We are the champions! Introducing 'link nurses for spiritual care' in education and clinical practice</b> Bart Cusveller: Viaa University of Applied Sciences Zwolle</p>	<p><b>Validation of the Spiritual Distress Scale in Portuguese cancer patients under chemotherapy: methodological study</b> Helga Martins :Universidade Católica Portuguesa</p>	<p><b>Experience of spiritual dryness in monks and nuns and other professions is negatively related to the perception of the sacred in life</b> Arndt Büsing: Witten/Herdecke University</p>

	Seminar Room 2.51	Seminar Room 1.24	Seminar Room 1.26
<b>14.30-15.00</b>	<p><b>A spiritual care communication course for nursing students</b> Maarten van Garderen: Viaa University for Applied Sciences</p>	<p><b>The transition of the self, the meaning of changing the lifestyle</b> Leida Janssen: Christian University of Applied Sciences</p>	<p><b>Evaluation of psychological distress and spiritual dimensions among Croatian patients with chronic diseases in a post-war region</b> Anto Čartolovni: Catholic University of Croatia</p>
<b>15.00-15.30</b>	<p><b>Translating and validating two measurement instruments for spirituality in children in Dutch</b> Aliza Damsma-Bakker: Christian University of Applied Sciences</p>	<p><b>Soul pain: does the weight of my tears measure the depth of my grief? Healing the soul and transforming a personal world</b> Carol Chamley</p>	<p><b>Linguistic and psychometric validation of the Slovak version of the Spiritual Needs Assessment for Patients (SNAP)</b> Vladimír Littva: Catholic University in Ružomberok</p>
<b>15.30-16.00</b>	<p><b>Pastoral care and creative arts therapies: exploring interdisciplinary working to support service users in hospital</b> Hilary Moss and Lyndsey Connolly: Irish World Academy of Music and Dance, University of Limerick Lynd</p>	<p><b>Spirituality as a transformative pathway to recovery from addiction</b> Ben Hughes: NUI Galway</p>	<p><b>When prayer shows up: transgressing clinical spaces</b> Sheryl Reimer-Kirkham: Trinity Western University</p>

**5th International Spirituality in Healthcare Conference 'Spirituality Transforming Our World' 20 June 2019: Poster presentations**

<b>Poster title</b>	<b>Presenter</b>
Assessing religious commitment (BIAC) in cancer patients under chemotherapy	<b>Helga Martins</b> <b>Universidade Católica Portuguesa</b>



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